LUNCH

Ciabattas or Folds - £5.50

Served with salad and coleslaw. Ask about our fillings of the month.

**Classic Reuben**

Pastrami, Sauerkraut, Gherkin, Russian Dressing

**Classical Twist**

Ham, cheddar & mustard mayo

**Humm Vee**

Moroccan Hummus and Delightful Roasted Vegetables

**M F P**

Mushroom, Feta, and Pesto

**The Brie-liant**

Lots of Brie, Rocket and Candi’s Hot Pow-Wow Chutney

**The Italian Job**

Mozzarella, roasted red pepper and pesto

**The Big Reuben** £7.50

Plenty Pastrami, Sauerkraut, Gherkin, Cheddar, Russian Dressing

Jacket Potatoes - £5.50

Served with 2 fillings, side salad and coleslaw

Comfort Food - £6.50

Ask about today’s special – feed the soul and your tummy!

Street Food - £6.50

Delicious curries, stews, chillis served with rice – always vegan, ask about today’s street food special

Soup of the day - £4.00

Sensational soup made with seasonal ingredients, served with sourdough ciabatta

Sausage Rolls - £2.50

Feed-made and hearty. See which flavours are on offer today.

Add salad and coleslaw £1, or a mug of soup for £1.50

Cakes - £2.25

All Feed-made, all delicious, see what’s on offer at the counter

Cuppa & Cake - £3.50

Weekdays 2-4pm

Kettle Chips – 70p

drinks

Americano - £2.00

Cappuccino - £2.50

Latte - £2.50

Flat white - £2.50

Mocha - £2.50

Espresso - £2

Tea - £1.50

Pot of tea - £2.50

Hot chocolate - £2.50

Luxury hot chocolate - £3

Syrup + 30p

Canned drink - £1.20

Children @The feed

Little Feedie

-Tendency to be selective with food. Things often end up on the floor.

hungry Feedie

-Somewhat selective with food but when it’s tasty, it’s down in one.

There’s plenty to choose from on our menu, but if you have a little Feedie or a hungry Feedie, you could also choose from the following:

Super Powered Pasta (delicious tomato pasta with hidden superpowers) £2.50

Bits & Pieces (a selection of today’s nibbly bits) £2

Toasted sandwiches (gooey in the middle, crispy on the outside) £3

Sandwiches served with kettle chips (choose from tuna mayo, cheese or ham) £3

Jacket Potatoes with a choice of fillings £3

Souper Soup (a little portion of today’s soup of the day) £2

If you have a more adventurous child, you have a Foodie. Your little Foodie might like to choose a smaller portion of adult food from the menu and that’s ok too – simply half the food for half the price.

We can make most things gluten free, and we have lots of diary free things too.

When you order, just tell us if you have a Little Feedie, a Hungry Feedie or a Foodie and any dietary requirements and we’ll do the rest.

Full allergy information available, please ask at the counter.

Please order at the counter and be sure to mention if you require Gluten Free, Dairy Free or Plant-Based options.