



COLD FORK

MAINS: OMNI

Sticky chicken drumsticks (mustard, soya, gluten)

Salmon and courgette tart (fish, egg, milk, gluten, nuts)

Creamy tarragon chicken with grapes (GF) (milk, egg, mustard)

Sliced smoked gammon ham & pickles (GF) (mustard)

Mandarin chicken salad with edamame & noodles (sesame, soya, egg, gluten)

Bang bang chicken & rice noodle salad (GF) (sesame, soya, peanuts)

Coronation chicken (GF) (egg, mustard, milk, soya)

Smoked mackerel, beetroot & puy lentil salad with horseradish dressing (GF) (milk, fish)

King prawn, pepper, mangetout & mango and rice noodle salad (GF) (sesame, fish, crustacean)

Lemony baked salmon with wholegrain mustard and crème fraiche dressing (GF) (fish, milk, mustard)

(N.B. the salmon dish has a £2.95 supplement fee)

£24.95
per person

Minimum of
20 people

Choose
three mains
three salads,
one dessert

Scroll to end
for set menu!

TO ORDER:

w: thefeed.org.uk/catering

e: kitchen@thefeed.org.uk

t: 07784358932



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MAINS: VEGETARIAN

Red pepper, mushroom & basil frittata (GF) (milk, egg)

Broccoli & blue cheese quiche (milk, egg, gluten)

Caramelised red onion & goat's cheese tart (milk, egg, gluten)

MAINS: VEGAN

Lentil kofte with roasted red pepper dipping sauce

Mediterranean vegetable tart (gluten)

Bang Bang tofu and rice noodle salad (GF) (sesame, soya, peanuts)

Coronation tofu (GF) (mustard, nuts, soya)

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SALADS:

Potato salad with lemon dressing

Bulgur wheat tabbouleh (gluten)

Lemony orzo pasta salad with artichokes,
sun dried tomatoes & red peppers (gluten, mustard)

Coleslaw (VGN available) (milk, egg, mustard)

Asian style rainbow slaw (sesame, soya, gluten)

Wild rice, red grape & celery salad (mustard, celery)

Greek salad (VGN available, +25p per head) (milk)

White bean & roasted red pepper salad with roasted
tomato & basil dressing

Roasted sweet potato & chickpea salad with tahini
dressing (sesame)

Nut free pesto pasta salad (gluten, milk)

Mixed leaf salad (mustard)

Potato salad with mayonnaise & spring onions (VGN
available) (mustard, egg)

Fruity couscous with apricots, sultanas & flaked almonds
(wheat, nuts, sulphites)

Add a portion of salmon for £2.95

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DESSERT POTS

Eton mess (GF) (milk, egg)

Lemon cheesecake (milk, gluten)

Brownie smash (GF) (milk, egg, soya)

Banoffee pie (milk, gluten, soya)

Chocolate & raspberry smash (VGN, GF) (soya)

Choose
three mains
three salads,
one dessert

ADDITIONAL INFO

Additional main +£4

Additional salad +£2.25

Additional dessert pot £4

We also offer serving spoons and tongs at £3 per piece.

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SET MENU ONE

3 mains, 3 sides, 1 dessert

Mandarin chicken salad with edamame & noodles

(sesame, soya, egg, gluten)

Red pepper, mushroom and basil frittata (V, GF) (milk, egg)

Coronation tofu (VGN, GF) (mustard, nuts, soya)

Potato salad with mayonnaise and spring onions (V, GF) (mustard, egg)

Nut free pesto pasta salad (gluten, milk)

Roasted sweet potato and chickpea salad with tahini dressing (GF)

(sesame)

Eton mess pots (GF) (milk, egg)

SET MENU TWO

3 mains, 3 sides, 1 dessert

Creamy tarragon chicken with grapes (GF) (milk, egg, mustard)

Salmon and courgette tart (fish, egg, milk, gluten, nuts)

Broccoli & blue cheese quiche (V) (milk, egg, gluten)

Asian style rainbow slaw (GF, VGN) (sesame, soya, gluten)

Lemony orzo pasta salad with artichokes, sun dried tomatoes and red peppers (VGN) (gluten, mustard)

Greek salad (GF) (can be vegan +25p per head) (milk)

Brownie smash pot (GF) (milk, egg, soya)

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