

Volunteer Opportunities

Volunteer with The Feed: You Make a Difference

Did you know?

- **82% of businesses say employees want to volunteer**, yet only about **one-third actually do**. The average corporate volunteer participation rate is **33%**, even though most companies offer volunteer time off.
- Companies with structured programs see **1.9X higher participation**.

This means there's a huge opportunity for your business to turn good intentions into real impact.

Why Partner with The Feed?

Your support helps us fight food poverty, help people on our doorstep eat well, live well, and feel connected, and build stronger communities in Norwich.

By volunteering with us, your team will:

- **Strengthen your ESG and CSR goals** Demonstrate social responsibility and community impact.
- **Boost employee engagement and retention** Employees who volunteer report higher job satisfaction and loyalty; turnover drops by up to **57%** when staff are deeply connected to volunteering.
- **Enhance your employer brand** 88% of consumers want brands to help address social issues; volunteering shows you care.
- **Improve team cohesion** 80% of employees say group volunteering strengthens workplace relationships.

Skills Employees Develop Through Volunteering

Volunteering isn't just giving back, it's professional development:



Volunteer Opportunities

- Leadership & Project Management Leading initiatives and managing resources.
- Communication & Collaboration Working across diverse teams and communities.
- **Problem-Solving & Adaptability** Tackling real-world challenges in dynamic settings.
- **Empathy & Purpose** Building resilience and a sense of meaning at work.

Benefits for Your Business

- Increased employee morale and productivity
- Stronger **recruitment and retention** (especially among Gen Z and Millennials who value purpose)
- Opportunities for **skills-based volunteering**, applying professional expertise for greater impact

Ready to make a difference?

Join us as a corporate volunteer partner and help create a community where everyone can eat well, live well, and feel connected.

Learn more: https://thefeed.org.uk/about-us/our-partners

Volunteer Opportunities at The Feed

We're always keen to bounce ideas about to create bespoke 'win win' partnerships, projects and programmes.

We also have 'off the shelf' needs right now... Join us at **The Social Supermarket, Community Kitchen & Café** on Hall Road, Norwich (NR1 3HL) and help make a real difference. There's something for everyone:



Volunteer Opportunities

- Pack fresh fruit & veg bags for our members
- **Unpack stock and fill shelves** in the Social Supermarket
- Welcome and assist at checkout serving and packing
- Help with deliveries and stock unpacking
- Cook nourishing meals using supermarket produce
- Serve tea, coffee, and lunches in our Community Café
- **Prepare free school lunches** during holidays (from 9am)
- **Tea & Talk** chat with members who drop in
- **Support monthly community meals** prep, cooking, serving, and clean-up
- **Kitchen help** from wrapping fresh bread to food prep and washing up
- **Run arts & crafts sessions** on Wellbeing Wednesdays (mornings)

When Can You Help?

We'd love volunteers to join for a **morning or afternoon session (around 3 hours):**

- 9:00am 12:15pm
- 12:15pm 3:15pm

We're keen to partner with businesses to "own" a regular shift each week (e.g., Monday afternoon, Tuesday morning).

If regular shifts aren't possible, we'd still love to hear from you. Every hour makes a difference.

Email: callum@thefeed.org.uk

Phone: 07784 359048